## \$1 a pay goes a long way.

It's easy to give through SECA when you know how far your donation goes. Even **\$1 per pay can change a life.** Here are a few examples of the great things SECA charities can accomplish with just **\$26 (\$1 per pay)** from you.



## ······ \$1 Per Pay Provides ······

1 counseling session for a person in need.	<b>17</b> yards of flags to keep wolves out of livestock enclosures.	Toothbrush, floss, travel case, and educational materials for <b>20</b> children.
A <b>3</b> month membership for a youth at a community center.	1 individual support session for someone facing pancreatic cancer.	1 hour of home health aide services.
Removal of <b>60</b> pounds of trash from a beach.	Nightlights for <b>2</b> traumatized children.	4 hygiene kits to promote disease prevention and proper grooming among children in impoverished countries.
<b>15</b> meals for homebound elderly residents.	1 winter coat for a child in need.	
Screening for <b>1</b> person at risk for kidney disease.	1 monthly bus pass for a newly- arrived family to go to work.	Purchasing of 24 trees. 8 cardio fitness classes for a senior
<b>10</b> comfort kits, blankets, and cleanup kits for disaster survivors.	<b>5</b> backpacks with supplies for the first day of school.	2 sponsorships for children joining a local scouting program.
1 welcome home event to honor a deployed soldier.	<ol> <li>FBI clearance for a volunteer.</li> <li>week of safe, supportive</li> </ol>	<b>1,000</b> printed hotline cards for domestic violence services.
<b>30</b> minutes of job coaching for a young person with a disability.	housing for a woman in need. 2 chickens and 1 bible for a child in an impoverished country.	<b>2</b> mosquito nets to protect children from deadly malaria.
Personal hygiene items for 1 family.	Transportation to <b>5</b> well-baby checkups for a needy mother.	pennsylvania
4 literacy kits to help prepare preschool children for school.	1 GED test prep textbook.	STATE EMPLOYEE COMBINED APPEAL